

## Breakfast to a tee



Reviewed by: Kara Martin

The UAE's oldest golf club, once joined to the Abu Dhabi Equestrian Club, has witnessed a complete makeover in both name and design recently and is now independently known as the Abu Dhabi City Golf Club. With a bigger, better approach to business, its mission is to get more of the public through its doors.

With stimulating views of the sprawling manicured greens, graceful chestnut horses on their morning walks and early-birders springing from SUVs, golf bags in tow, we couldn't help but order healthy and ordered the 'Healthy Wake Up' set breakfast. At AED 45, we weren't expecting much so were surprised to see how many times the speedy staff came by to slide another platter onto our table.

We slowly made our way through juicy wedges of mixed fruit, whole wheat toast with scrambled fluffy organic egg whites, and a yoghurt parfait so brimming with strawberries, prunes and bran

cereal that we could barely get to the yoghurt - a bit embarrassing to eat as it kept overflowing, but we're being spoilt brats; it was delightful. There's a common notion that healthy means bland and tasteless, but it doesn't have to be, and we thought the eggs could've done with a hint more flavour, but generally the meal satisfied hungry stomachs, and also came with fresh watermelon juice (a wide range of freshly squeezed juices are available) and a choice of tea or coffee.

If you're looking for a heftier start to the day, fear not - all the fillings you'd expect at breakfast time (sausages, hash browns, beans, waffles, eggs and more) are also available on both the staggeringly cheap set menu and la carte. It's up to you whether you want to leave waddling like a duck or feeling as healthy as a horse...

**What?** Abu Dhabi City Golf Club Restaurant

**Where?** Abu Dhabi City Golf Club, 19th St.

**Why?** Very filling and very wallet-friendly with a peaceful and pleasant atmosphere

**Why not?** Maybe you just don't want breakfast?

**We say:** A hole in one - in golf speak that means 'ace'!

**Cost:** AED 45, and not a fil more, for one set breakfast

**Contact:** 02 445 9600