

Open kitchen



When we were invited to the iconic Hyatt Capital Gate hotel – renowned for its world record breaking 18-degree lean – to check out the launch of its new Eastern Mediterranean Friday brunch, we couldn't say no.

As we walked in, the breathtaking views from the wall-sized windows in the hotel's signature restaurant 18 degrees were truly spectacular. The sense of light and space was complemented by crisp, linen tablecloths, large round welcoming tables and booths and the huge open kitchen.

Once we had chosen our brunch package we began our tour of the wide selection of appetisers on offer at the show kitchens and interactive counters. The vast knowledge of the friendly chefs on hand to explain the food really emphasised that each dish had been created with an incredible sense of passion, care and attention to detail.

With our plates piled high with a grand selection of cold starters and freshly baked breads, we were periodically presented at our table with an array of freshly prepared hot appetisers. All the food in the restaurant is organic and locally sourced, ensuring all the ingredients used are extremely fresh.



After indulging in our first course, we went back for our main course, which consisted of beef tenderloin, with mashed potato and pomegranate sauce (from the à la minute menu). Our main arrived tableside after approximately 20 minutes – just the right amount of time to prepare our stomachs for the tender beef, which was cooked superbly.

Despite feeling full to the brim, we couldn't resist the dessert stand; pure heaven for those with a sweet tooth! The warm chocolate fondant is irresistible, a definite must try! We luckily found room to indulge in every flavour of ice cream on offer – sesame was our favourite. Be sure to sample the hotel's signature profiteroles, homemade puff pastry with sweet or savoury fillings. The lemon meringue profiterole is divine!

After dining, a digestif on the terrace is a perfect place to relax watching the sunset over the city skyline.

What? Eastern Mediterranean Friday brunch

Where: Capital Gate Hyatt

Cost: Classic Brunch (soft drinks) AED 350; Premium Brunch (soft and house beverages) AED 450 and Sky Brunch (soft and house beverages, plus bubbly) AED 550.

We say: A great spread and such fresh ingredients!

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