Abu Dhabi Week is always on the prowl for the best kept secrets in the city. This week, we've discovered food spots worthy of film buffs, second hand stores willing to help us clear shelf space and a new spot in the city for cheese and fondue!

Second hand – and good!

Wanting a new look for your home without flashing too much cash or wanting to offload that spare chair to a new home? A little blog post let it be known that there is a great little shop down near the Corniche called Nefertiti. Packed with lots of furniture, lamps, appliances and much more, the small store is a little like hunting in Aladdin's cave – and perfect for those on a budget. Information: www.useditemsuae.com

Marvellous Maroush

For authentic, well-priced and just plain delicious food, café/restaurant Maroush, located just off the Corniche, is the perfect spot for simple dining. We hear it was once the very popular dining choice of the cast and crew who filmed 'The Kingdom' – and we can see why. With a remarkably cheap menu, generous portions and a loyal crowd of diners, the venue is always packed. Stay and sample the mixed grill and fantastic fruit drinks, or choose to take-away and enjoy a feast at home. If it's good enough for Hollywood ... Information: 02 644 1419

Say cheese!

Taking to twitter to shout out the good news, the One to One hotel has introduced a cheese and fondue night at 18 Oz – for just AED 199 per couple. Perfect for sharing, we spy a new favourite for social dining – if you can bear to share. Information: 02 495 2000

A good brew

One keen fellow twitterer let us know that those looking for a good cuppa should head to Kadak King. For just AED 5 you can enjoy a cup of tea in good company – the place is always full to the brim. Our social networker friend also reckons that the shawarmas from Maroush and Sea Shell cafeterias dotted around Abu Dhabi are some of the best around the whole city! Information: find Kadak King next to the Auto Shop behind Dar Al Shifa hospital

Hollwood glamour

For glamorous gowns, and delicate dresses, Abu Dhabi Week ladies love Hollywood Magic. Located on the Corniche, the store stocks almost every single colour and style you could imagine – all for very reasonable prices. With matching dresses for girls too, you and your daughter can be kitted out in surely some of Abu Dhabi's finest. Perfect for the upcoming party season ...

Information: 02 681 0700

Keeping up with the Jones's

Our favourite Grocer in town is expanding. Jones the Grocer, having just celebrated its one-year anniversary has quickly become the place to go for pastry's, coffee and much more. Celebrating its popularity, Jones the Grocer can soon be found in Al Raha Gardens. We also hear that Jones the Grocer will be getting a beverage license soon too ... Information: 02 443 8762

Beyond the island ...

Those residing out in Khalifa City A will soon have one less reason not to hit the gym with the help of Beyond Fitness. The fully serviced gym will be setting up in the neighbourhood soon ... another welcome addition to the area. Watch this space! Information: 02 644 1425 (Tourist Club branch)

Got an Abu Dhabi secret or handy Abu Dhabi tip to share? Then let us know! Email editor@AbuDhabiWeek.ae with 'Undiscovered' in the subject line.